

Life Choices  
 with Erie Chapman & Kathleen Sullivan  
 U.S. Health Productions Co.  
 (614) 291-7777

Life Choices is the popular television magazine program that helps you make important decisions about your health. Co-hosted by broadcast journalist Kathleen Sullivan and hospital CEO Erie Chapman, Life Choices covers the stories and people you care about--and backs it up with solid, accurate health information. Life Choices shows you how to feel good and get more out of life, and encourages you to make the right choices for a healthier life.

In each issue of NautilusCD, you'll see real people telling real stories with the health news and information you need to know.

#### Station List

WMBC	Newton, NY	8:00pm	Thursday
WTZA	Kingston, NY	3:00pm	Saturday
WFXV	Chicago, IL	11:30am	Monday
WGTW	Philadelphia, PA	7:30am	Sunday
WBZ	Boston, MA	7:30am	Sunday
WDCA	Washington, DC	7:30am	Saturday
WJAL	Hagerstown, MD	12:00pm	Sunday
KXAS	Dallas, TX	10:30am	Sunday
WXON	Detroit, MI	5:30am	Sunday
WNGM	Atlanta, GA	6:00am	Monday-Sunday
WXIA	Atlanta, GA	5:30am	Sunday
WAKC	Cleveland, OH	5:30am	Sunday
KTZZ	Seattle, WA	12:30pm	Saturday
KARE	Minneapolis, MN	11:30am	Saturday
WTTA	Tampa, FL	10:30am	Sunday
WBSV	Sarasota, FL	9:00am	Sunday
WPXI	Pittsburgh, PA	5:30am	Sunday
KOVR	Sacramento, CA	5:30am	Sunday
KKTM	Flagstaff, AZ	7:30am	Wednesday
KTVK	Phoenix, AZ	1:30am	Sunday
KDVR	Denver, CO	5:30am	Monday
WIRB	Orlando, FL	2:30pm	Sunday
		9:30pm	Monday
WAV	Indianapolis, IN	7:00am	Monday-Sunday
WHMB	Indianapolis, IN	10:00pm	Wednesday
WYED	Raleigh, NC	12:00pm	Sunday
WFAY	Raleigh, NC	10:30am	Sunday
WKZX	Nashville, TN	12:00pm	Monday
WCMH	Columbus, OH	10:30am	Sunday
WNEG	Greenville, NC	6:30pm	Wednesday
		1:30pm	Sunday
KOOG	Salt Lake City, UT	7:00am	Sunday
WAQ	West Palm Beach, FL	7:30pm	Friday
WFIT	Providence, RI	11:30am	Tuesday/Friday
		7:30pm	Tuesday/Friday
WBRE	Wilkes-Barre, PA	6:30am	Sunday
WAAP	Greensboro, NC	7:00am	Saturday-Sunday
KOAT	Albuquerque, NM	9:00am	Sunday

WHIO	Dayton, OH	10:30am	Sunday
WTLV	Jacksonville, FL	7:00am	Sunday
WSAZ	Charleston, SC	9:00am	Sunday
KFSN	Fresno, CA	4:30am	Sunday
KATV	Little Rock, AK	12Noon	Sunday
WALA	Mobile-Pensacola	6:30am	Saturday
WBIR	Knoxville, TN	12:30am	Sunday
KVC	Austin, TX	12:30pm	Sunday
WYMT	Lexington, KY	9:30am	Sunday
KWHE	Honolulu, HI	2:30pm	Saturday
KLBC	Las Vegas, NV	7:45am	Tuesday
	6:15pm	Tuesday	
	10:45pm	Tuesday	
WCEE	Paducah	11:30am	Sunday
KWWL	Cedar Rapids, IA	5:00am	Sunday
WYLE	Huntsville, AL	8:30am	Sunday
WHBG	Davenport, IA	10:30pm	Sunday
WCYB	Tri-Cities, IA	6:00am	Sunday
WFIE	Evansville, IN	5:30am	Saturday & Sunday
WAFB	Baton Rouge, LA	7:30am	Sunday
KHA	Lincoln, NB	8:30am	Sunday
WUBI	Savannah, GA	11:00am	Sunday
WCTP	Charleston, SC	6:30am	Saturday
WCTI	Greenville, NC	7:00am	Sunday
KELO	Sioux Falls, ID	Various	Saturday & Sunday
WDAY	Fargo, ND	Various	Saturday & Sunday
KOLO	Reno, NV	5:30am	Saturday & Sunday
WLTZ	Columbus, GA	10:00am	Sunday
KNDO	Yakima, WA	4:00pm	Sunday
KRCR	Chico, CA	11:00am	Sunday
KOBI	Medford, OR	5:00pm	Sunday
KRCG	Columbia, SC	11:00am	Sunday
KMBY	Minot, SD	6am-2am	Sunday & Monday
WCJB	Gainesville, FL	1:30pm	Sunday
KCLO	Rapid City, IA	Various	Saturday & Sunday
WLUC	Marquette, MI	11:30am	Sunday
KAEF	Eureka, CA	9:30am	Sunday
KCTZ	Butte, MT	Various	Saturday & Sunday
KTVO	Ottumwa, IA	5:00pm	Sunday
WFND	Lima, OH	9:00am	Sunday
WHSV	Harrisonburg, VA	Various	Saturday & Sunday
WHIZ	Zanesville, OH	10:00am	Sunday
KUU	Fairbanks, AL	12 Noon	Sunday
KFWU	Ft. Bragg, NC	11:00am	Sunday
UNO-TV	Omaha, NB	9:00pm	Sunday